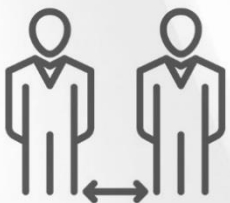
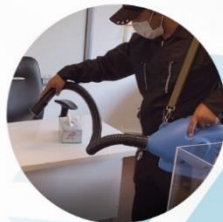




# DBST CORONA HYGIENE PLAN



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This hygiene plan is based on the current state of knowledge about SARS-CoV-2 (Covid 19) according to WHO, Robert Koch Institute and Berlin Charite and is constantly updated to reflect the latest medical and scientific knowledge about the virus.

The implementation/ control of the listed measures as well as the documented instruction of all persons/ children/ pupils working in the facility as well as their parents is the responsibility of the school principal and the persons appointed by him.

Last update according to resolution of the school board and the school management group 24<sup>th</sup> April 2022

Status: 24<sup>th</sup> April 2022

## **1. PERSONAL HYGIENE**

COVID-19 spreads between people through direct, indirect (through contaminated objects or surfaces), or close contact with infected people via mouth and nose secretions. These include saliva, respiratory secretions, or secretion droplets (WHO.int).

The following measures must be followed and brought to the mind of the DBST school community at regular intervals.

### **Most important measures**

- With signs of illness, such as B. fever, cough, shortness of breath, loss of taste / smell, sore throat, runny nose, body aches, diarrhea, nausea or vomiting, the person concerned is obliged to stay at home and consult a doctor.
- **The mask requirement will be lifted as of 15<sup>th</sup> May 2022 on all school grounds and indoors.**
- Do not touch your face with your hands and especially not your mouth, eyes or nose (Attention kindergarten: do not put toys in your mouth.)
- No touching, hugging, kiss-kiss, fist bumping and no handshaking.
- Objects such as drinking cups, personal work materials, and pens should not be shared with other people.
- Minimize contact with frequently used surfaces such as door handles, e.g. B. do not touch with full hand or fingers, use elbows if necessary.
- **Cough and sneeze labels:** Coughing and sneezing into the crook of your arm or into a handkerchief are among the most important preventive measures! When coughing or sneezing, keep as far away as possible from other people, ideally turn away.
- **Washing hands** with soap for 20 seconds (singing Happy Birthday twice), cold water is also sufficient; the use of soap is decisive.  
The pupils, the staff and the entire staff of the school should wash their hands at least 3 times during the school day, but especially after coughing or sneezing; after using public transport; after entering the school building for the first time; before and after eating; before putting on and after removing mouth and nose protection and after using the toilet.  
So that the skin does not dry out from frequent washing, the hands should be regularly moisturized. The hand cream should be brought from home for personal use.
- **Hand disinfection:** Basically: Carry out hand disinfection, at least in kindergarten / primary school, only with the presence / guidance of a supervisor! Hand disinfection should generally only be practiced as an exception and not as a rule!  
The correct use of hand disinfection must be explained to the pupils by the teachers in an age-appropriate manner. Disinfectants must never be left unsupervised in the same room with the students. The pupils should be made aware of the possibility of easy flammability in order to train them to use them carefully and to prevent the bottles from falling down.

Disinfecting your hands is only useful if

- Hand washing is not possible,
- After contact with feces, blood or vomit.

To do this, a sufficient quantity of disinfectant must be put into the dry hand and rubbed into the hands for approx. 30 seconds until it is completely dry. Make sure that the hands are completely wetted.

**Attention! Hand disinfectants contain alcohol and must not be used to disinfect surfaces. Risk of explosion!**

- The prophylactic wearing of infection protection gloves is not recommended.

## **2. ROOM HYGIENE: CLASSROOMS, LIVING ROOMS, LIVING ROOMS, ADMINISTRATIVE ROOMS, TEACHERS 'ROOMS AND HALLS**

**Regular and correct ventilation is particularly important, as this exchanges the indoor air.**

Several times a day, at least every 45 minutes, in every break and before every school lesson, intermittent ventilation or cross ventilation through fully open windows must be carried out for 5-10 minutes. Tilt ventilation is largely ineffective, as hardly any air is exchanged through it. Windows that are closed for safety reasons must therefore be opened for ventilation under the supervision of a teacher.

The air conditioning systems in all rooms are thoroughly cleaned and disinfected every 2 weeks by the technical service staff.

The classrooms are, depending on their size, equipped with Trotec Hepa filters. These filters purify the air in the classroom 6 times during an hour and this ensures that the air is virus-free. Therefore, the classrooms have healthy air to breathe.

According to the Federal Environment Agency in Germany and the CDC authorities in the USA, fresh air is always preferred to the air recirculated through filters in the room.

A constant supply of fresh air paired with frequent stays outdoors are therefore healthy and safe in favorable weather conditions and promote motivation and enjoyment of learning. Of course, the Trotec filters are switched on immediately when the class doors and windows are closed because it is too warm or too cold outside or the air is too dirty due to smog.

Compliance with these measures is monitored several times a day by the school Corona officer Dr. Saalabian and persons authorized by her.

### **Cleaning**

At school, the focus is on cleaning surfaces.

The routine daily disinfection is carried out as a wipe disinfection with a cold solution. A spray disinfection, i.e. wetting the surface without mechanical action is less effective.

Computer mice and keyboards are disinfected daily.

The rubbish bins are emptied and cleaned every day.

## **3. MATERIAL AND EQUIPMENT HYGIENE**

**Kindergarten/ preschool:** Each child is assigned their handicraft materials, which are stowed in separate drawers marked with the child's name. These materials are disinfected least twice a week.

**Outdoor play equipment** is thoroughly washed twice a week with cleaning agents.

#### **4. SANITATION HYGIENE**

Each class is assigned a fixed toilet room. Using the toilet and hand hygiene are part of the lesson. Sufficient liquid soap dispensers and disposable towels are provided in all toilet rooms, and these are refilled regularly. Waste bins for disposable towels are available.

The toilets are checked regularly for functional and hygiene deficiencies every morning after each break and after school ends.

Toilet seats, fittings, sinks, and floors are cleaned several times a day. In the case of contamination with feces, blood or vomit, a scrub-wipe disinfection is required after removing the contamination with a disposable cloth soaked in a disinfectant. Working rubber gloves are worn.

#### **5. INFECTION PROTECTION DURING BREAKS AND USE OF THE PLAYGROUND**

During the breaks, there is no need to strictly separate cohorts when spending time outdoors and there is no mask mandatory.

#### **6. INFECTION PROTECTION IN P. E. - MUSIC CLASSES**

Physical education classes can take place without a face mask.

Singing and playing wind instruments are permitted outdoors.

#### **7. PERSONS AT A HIGHER RISK OF SEVERE COVID-19 DISEASE PATH**

Certain groups of people have a higher risk of developing a severe COVID-19 disease course (see information from the Robert Koch Institute:

[https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Risikogruppen.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogruppen.html)

Regulations for these groups of people are made separately.

#### **8. MEDICAL ADVICE/ CARE**

On-site medical care is provided by the school nurse and the Corona officer.

All hygiene measures in everyday school life are discussed with the school nurse and the Corona officer and/ or, if necessary, with the medical advisors (embassy doctor Dr. Ansari, Dr. Babakhani, Dr. Abtahi).

#### **9. BUS SERVICE**

The buses are equipped with Hepa filters.

#### **10. CANTEEN AND COFFEE SHOP**

##### **Canteen**

As of 03.04.2022, normal canteen operation will take place again, taking into account an appropriate utilization of the canteen rooms (tables also outdoors).

##### **Coffee shop**

**From 08.05.2022 normal coffee shop operation will take place again.**

Exception: The coffee shop will continue to be closed during the hours of 13:00-13:40 and 15:15-15:50. During this time, hospitality will be provided only in the waiting area.

##### **Cashless payment transactions**

Cash will no longer be accepted in any of the school's customer payments.

#### **11. CONFERENCES, MEETINGS AND FIELD TRIPS**

Meetings and conferences must be limited to what is necessary.

Field Trips are examined in detail and being approved if all hygienic measures are observed.

## **12. ACCESS TO SCHOOL**

After school hours, parents can wait for their children in the specially designed waiting area. Drivers and nannies are not allowed into the school.

Any further access to the school is only possible after prior registration and agreement with the administration, and if possible, outside of lesson times.

## **13. REPORTING OBLIGATION**

If an infection with the Corona virus occurs (also in the same household), the school management/administration must be notified immediately.

## **14. PREVENTION, INFECTION, VACCINATION**

In the event of symptoms of illness, a consultation will be held with the Corona-Officer. After thorough consultation, an individual decision will be made on a case-by-case basis as to how to proceed.

### **In case of suspected infection with the SARS-CoV-2 (Covid 19)**

**For students and all school employees:** the affected person and non-vaccinated or non-recovered family members living in the same household (but not the class) will be immediately quarantined. A PCR test should be performed when symptoms appear and/ or at the latest before returning home.

**For kindergarten/preschool children and teachers:** the affected person and persons living in the same household (but not the entire group) will be quarantined immediately. A PCR test should be performed when symptoms appear and/ or at the latest before the return.

**In case of members living in the same household:** the non-vaccinated or non-recovered relatives (students, teachers, employees) must go into domestic quarantine for at least 4 days and can then return to the school after a negative PCR test result has been presented.

### **In case of infection with the SARS-CoV-2 (Covid 19)**

**For students and teachers:** the person who tests positive and his/her non vaccinated or non-recovered siblings or family members (but not the class) will be immediately quarantined. The infected individual will remain in quarantine until fully recovered and may then return to the in-person classroom upon presentation of a negative PCR test result, freedom from symptoms, and consultation with the Corona Officer. The affected class will be monitored by daily rapid testing for the following 5 days after the last contact.

**For kindergarten/preschool children and teachers:** the affected person and persons living in the same household, teachers, siblings in kindergarten or preschool, and unvaccinated siblings in school classes will be immediately quarantined, but not fully vaccinated or recovered siblings (valid for 3 months from positive PCR test). After a quarantine period of 5 days and submission of a negative PCR test result, these individuals will be allowed to return to in-person classes. The infected person will remain in quarantine until fully recovered and may then return to in-person classes upon presentation of a negative PCR test result, freedom from symptoms, and consultation with the Corona Officer.

**For members in the same household:** non vaccinated or non-recovered relatives (students, teachers, employees) must go into home quarantine until fully recovered and may then return to school upon presentation of a negative PCR test result, freedom from symptoms, and consultation with the Corona Officer.

**For other school employees:** all non-vaccinated or non-recovered contacts will be immediately identified and sent to home quarantine. After a quarantine period of 5 days and submission of a negative PCR test result, affected individuals will be allowed to return to school.

The following persons are exempt from quarantine:

1. persons with a booster vaccination
2. persons vaccinated recovered (1 vaccination with a subsequent or previous infection)

3. persons vaccinated twice, from the 15th - 90th day after the second dose
4. recovered persons from 29th - 90th day after positive PCR test

**Quarantine means avoiding contact with people outside the core family.**

### **Vaccination**

Please notify the school of your vaccination status.

Depending on the number of vaccinated parents or students in the classroom, relaxed measures, e.g., removing the mask during class, relaxed quarantine conditions, etc. come into force, as far as the daily provided official national number of new infections is low.

### **15. TESTING FOR CONTAINMENT OF INFECTION BY DELTA/OMICRON VARIANT:**

Rapid tests are performed at 7-day intervals. All DBST service personnel are required to participate in these tests. Teachers, administration, and other employees of DBST can participate in the tests voluntarily. Until further notice, routine rapid testing of all students will be suspended.

### **16. Information to the school community**

Each infection is communicated to the entire staff and the affected class community/ kindergarten learning group via WhatsApp message.

On the last day of the school week, the entire staff and all classes are informed via WhatsApp message about how many cases there have been at the school.